

THE 2ND SAKURA Health Fair 2010 4/17 - 4/30

Co-Sponsors: JAA and JAMSNET

Supporter: Consulate General of Japan in New York

Reservation @ 212-840-6942 (JAA) / info@jaany.org

(unless noted otherwise)

Languages spoken: Japanese (J) : English (E)

April	Time	Title	Planning/Director/Lecturer	#
17	10:00-12:00	Oral Health Care and Exam J/E Waterside Dental Office (Waterside Plaza and FDR) at	Keiko Sakagami-NY Dept. of Health Jean Furuyama, DDS	Min 10
Sat	13:00-14:00	Lecture: Prevention & Treatment of Visual Problems	(J/E) Mitsugu Shinmyo MD : NY Lions Club	40
	14:30-15:30	Lecture: Use of "Ki" to Maintain Health (J)	Ken Sato	
	16:00-18:00	Discussion "When Older, Live Where?" (J)	Sonenkai; Relationship to Japanese Community	
	18:00-19:30	Improve Health With Eastern Medicine (J)	Tomoko Kakutani	
18 Sun	12:45-15:00	The 4th Seminar of Early Detection of Breast Cancer (J) at Japanese Consulate, 299 Park Ave. -19th Fl. Reservation: info@bcnetwork.org	(J) Shinzo Masuda : Osaka Medical Center, Nana Okusawa : Maimonides Medical Center Freya Schnabel : NYU Cancer Center BC Network	75
	13:00-15:00	Music Therapy Approaches to Hearing Problems (J)	Kotoe Suzuki : NR-JACNet	30
	15:30-17:00	Origami / Art Therapy (J)	Toshiko Kobayashi : CJCAT	
	17:00-18:30	What is Art Therapy? (J)	CJCAT	
19 Mon	13:00-14:00	Let's Do the Hanagasa Ondo! (J/E)	Momo Suzuki : Japanese Folk Dance Inst.	20
	15:00-16:30	Replacement of Green Cards for Low-Income Elderly (J) Reservation : event@jassi.org	Shintaro Araki Esq : JASSI	
20 Tue	19:00-21:00	NYMC/JCSNY Japanese Chorus Group (J/E)	Kosuke Iwasaki : NYMC/JCNY	
21 Wed	10:00-12:00	How to Select A Summer Camp (J)	Kazumi Matsumoto : Tokyo-Frost Valley YMCA	20
	12:30-14:00	Walking for Health & Happiness-Experiential (J/E)	Mayumi Tsutai	20
	14:00-16:00	Use Of Clay To Make Rose Flowers (J/E)	Anna Aoki : D2NY Design, Inc.	10
	18:00-20:00	Lecture & Panel: "Depression" (J)	Tazuko Shibusawa, Masako Mori, Tsunetaka Yoshida MD Consul, Medical Attache, : NY Japanese Mental Health Net Work	
22 Thu	12:00-14:00	Senior Luncheon Program With Singing: (J/E)	JAA Social Service; with K. Iwaki Band	
		How To Live Longer. (J/E)	Kamal Ramani MD	
	15:00-17:00	Let's Enjoy Making Origami! (J/E)	Toshiko Kobayashi	
	18:00-20:00	J Citizenship Issues and Visa Procedures (J)	Kentaro Ando : Consul	
23 Fri	10:00-12:00	Parents & Children Play Together! (J)	JAA Apple Kids	
	13:15-15:15	JAA Chorus (J/E)	Reona Ito : Music Director	
	18:00-21:00	Networking (J/E)	JAA, JAMSNET, Japan Student Association NY	
24 Sat	11:00-14:00	SAKURA MATSURI by JAA		
		(Outdoor Session) Leave JAA @ 10am & arrive @11am at Park; Leave @2pm & arrive @3pm at JAA Flushing Meadows Corona Park: (near Queens Museum of Art & Skating Rink) Greetings by Ambassador Shinichi Nishimiya Drum, Karate, Chorus, Hanagasa Parade, Mini Drum & Fife, Hawaiian Hula Dance and More Bus & Lunch are Free; : Need Reservation: info@jaany.org (J/E)		
25 Sun	13:00-15:00	Discussion: Art Therapy Experience (J)	Single Mother-Kai, Mimoza-Kai	
	15:00-17:00	How To Be A Responsible Patient (J)	HEIAN	
26 Mon	11:00-13:00	Sogetsu Flower Arrangement (J/E)	Hatsue Tamura Rogers	15
	12:30-14:30	Lecture: Oral Hygiene for Children (J)	Mariko Tsuboi : DDC	40

		at: Brooklyn Pacific Library, 2nd Fl. (Meeting Room)	Sakuranbo	
27 Tue	11:00-12:00	Tai Chi – Experiential (J/E)	Etsuko Takahashi :JAA	
	13:00-15:00	Calligraphy (J)	Fusako Otsubo :JAA	
	17:00-19:00	Problems With Living in NYC; send questions prior to 4/20 to ny.seikatsu110@gmail.com (J/E) Specialists answer: Location: <u>LaGuardia</u> <u>Community College</u> , 31-10 Thomson Ave., Rm E-242, LIC, NY 11101	YM Medical Network & Japan Student Association NY	
28 Wed	10:30-12:00	Enjoyable Nutrition For Good Health (J)	Atsuko Miyashita:Sukusuku-Kai	
	12:30-13:30	Pilates Mat Class (J/E)	Tomoko Ito	20
	14:00-16:00	Making “Zori” (Sandals) Using Own T-shirt (Experiential) (J)	Anna Aoki : D2NY Design, Inc.	10
	18:00-20:00	Lecture: Guide to NY Health Insurance Plans; (J) Reservation:event@jassi.org	Kayo Kudo (YM Medical Network), Chiaki Torisu (JASSI), Yuki Isokado (Japanese Medical Practice)	
29 Thu	10:00-11:30	Lecture: Child Development (J)J	Masako Mori : Clinical Psychologist, Shizuko Barnes : School Psychologist	
	12:00-14:00	Individual Consultation Reservation:jecmm@jec-ny.org or 203-629-5922 (J)	企画:NY教育相談室	
	16:00-17:30	Lecture: Domestic Abuse & Violence (J)J	Kaori Nagao :NY Asian Woman Center	
	18:00-20:00	Workshop: How To Support Families Of The Mentally Ill (J)	Masako Kageyama, Yuko Hanakawa : Clinical Psychologist, Kaori Nagao : DV Counselor NYJapanese Mental Health Network	
30 Fri	11:00-12:00	Yoga & Meditation (J/E)	Kenjitsu Nakagaki: Priest , NY Lions Club	30
	18:00-20:00	Workshop: Cultural Conflicts in Relationships: (man/woman;younger/older;parents/child; at Consulate General of Japan, Reservation at jecmm@jec-ny.org (J)	Tazuko Shibusawa, Kazue Wada Brock : Clinical Social Worker, Masako Mori : Clinical Psychologist NY Japanese Mental Health Net work	