

# The 3rd Senior Week Sept. 12-Sept. 27, 2009

Co-Sponsors JAA Committee on Aging Issues & JAMSNET, Supported by Consulate General of Japan in NY

Place: JAA/15 West 44th Street 11th Floor, NYC

Make your reservations At [JAA-212-840-6942](tel:212-840-6942) or [info@jaany.org](mailto:info@jaany.org)

Sept.	Time	Title	Presenters	Limit
12th (Sat)	10:00-12:30	Enjoy Cultural Aspects of "MoonViewing"	Toshiko Kobayashi - CJCAT	15
	13:00-15:00	"That's Entertainment"/World of Takarazuka	Mika Saburi & Utako Nakayasu- HEIAN	30
	15:30-17:30	Prevention of Falling -Exercise #4	Takumi Fukunaga - HEIAN	30
	14:00-17:00	Dental Counseling/Short Seminar *Place : Dr Furuyama's Office Address : 10 Waterside Plaza, East River	Jean Furuyama, DDS, Clara Lee, DDS, Keiko Sakagami, RDH, EdD, CHES <b>Call JAA by 9/10</b> <b>info@jaany.org</b>	30
13th (Sun)	12:00-13:30	"Karuta"(cards)/Effects	Mami Sugimura : HEIAN	60
	14:00-16:00	Talk: Personal War Experiences	Mami Sugimura : HEIAN	
	16:30-18:30	Talk: Personal Cancer Experiences	Mami Sugimura : HEIAN	
14th (Mon.)	10:30-11:30	Hand Play for Children	Hiroimi Basset : Apple Kids	12組
	12:30-13:30	Bilingual Education in USA	Kunihiko Fujimoto	
	14:00-15:00	Pension in Japan/USA	Takanori Maeda	
	18:30-20:30	Cognitive/Emotional Aspects of Elderly Place: Consulate of Japan:299 Park Ave.-19th Floor <b>Mental Health professionals:Reservation by 9/11</b> <b>seki@ny.cgj.org / for Non-Prof. On 9/16</b>	Kazuo Matsumoto, M.D. Osaka Human Sciences Univ. Tsunetaka Yoshida, MD, Consulate Mental Health Newwork	
15th (Tues.)	11:00-12:00	Elderly Asian Women Suicide Prevention Awareness Film: "A Time To Gather Together": Honoring and Caring for Community Elderly Asian Women	Hamilton-Madison House/New York CAAMH MHA of NYC - JAMSNET	
	12:00-13:30	<b>Special Keiro Kai</b>	J A A	
	(12:00-12:10)	Greetings: Ambassador Shinichi Nishimiya	Consulate General of Japan in New York	
	(13:15-14:00)	Supplements for Elderly	Keiko Kimura, M. D., Japan Medical Practice	
		Flute Music	Eriko Fukui	
	15:00-16:00	Alzheimer's Disease :Community Care Options and Where to Turn for Help	Sarah Rapaport (LCSW, MA) Alzheimer's & Caregiver Resource Center, NYC DFTA	
	15:00-17:00	Making "Zori" (sandals)-Experiential #1	Shintaro Tokairin	5
16th (Wed.)	10:30-12:00	Nutrition & Rearing of Healthy Children	Atsuko Quirk-Eco Kids Earth/Sukusukukai	20
	13:00-14:00	Lecture: Reflexology	Shoko Akiyama	
	14:00-16:00	Reflexology Experiential	Shoko Akiyama - ARAMA!	10
	15:00-17:00	Making "Zori" (sandals)-Experiential #2	Shintaro Tokairin	5
	18:00-20:00	Current Elderly Care in Japan	Issho Matsumoto, M.D., Tsunetaka Yoshida, M.D. JAMSNET, Committee on Aging, NY Mental Health Network	
17th (Thurs.)	9:30-12:30	Individual Consultation: Wills, Trusts	Helen Irie Esq & Reiko Takigawa, Esq.	6
	10:30-12:00	Visit: Isabella Geriatric Center	Committee on Aging: Mrs. Noda	30
	18:00-20:00	Panel Discussion: "Harassment"  Place: Consulate of Japan: 299 Park Ave. (18th Floor) <b>Need appts by Sept 15 / seki@ny.cgj.org</b>	Kaori Nagao, Shuji Kamimura Emma Saito, M.D. (Chairperson) Shizuko Barnes, Tsunetaka Yoshida, M.D. <b>N.Y. Mental Health Network:</b> <b>Asian Women's Center, JAMSNET</b>	
18th (Fri.)	11:00-12:00	Jamileh Belly Dance: Experiential	Tomiko Meitani Jamileh Bellydance Class	
	14:00-16:00	Pressure Points/Healthy Skin: Experiential	Ayurveda Japan	18
	13:00-17:00	Individual Consultation: Japan Annuity	Shunji Ichikawa	24
	16:00-17:30	Respite Care	Kei Okada (Spiritual Care Counselor: Chaplain) Visiting Nurse Service of New York Hospice Care	
	18:00-20:00	Kensei's English Pronunciation Seminar	Noboru Kataoka	20
19th (Sat.)	11:00-12:00	Hawaiian Hula: Experiential	Naoko Matsumoto, ARAMA !	15
	13:00-15:00	Film: "On Paper Wings" by Ilana Sol	Aileen Yamaguchi NY Chapter of JAACL	80
	16:00-17:30	Film Documentary: "Prophecy" Nuclear Destruction of Future Children	Toru Yamamoto Kids for the Future	50
	15:00-17:00	Aroma Therapy-Experiential	Rie Fujii - ARAMA!	12
	13:00-17:00	Individual Consultation: Japan Annuity: 1	Shunji Ichikawa	24

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	18:00-19:30	Eastern Medicine For Health	Tomoko Kadotani	
20th (Sun.)	11:00-12:30	Hypnotic Sleep & Reiki	Mariko Nakane	20
	13:00-15:00	Examination of Your Personal Color	Erisa Sekiya	4
21st (Mon.)	10:00-14:00	Handicrafts-Experiential	JAA/Handicrafts Group	
	13:00-14:00	「Medicare Basics: Part A, B, C, and D How to get the most of your coverage in 2010」	Frank M. Winter, Keiko Sakagami NY Dept of Health Centers for Medicare & Medicaid Services/NYCDOHMH	
	14:30-15:30	Improve Posture & Walking- Experiential	Mayumi Tsutai : Cocolo Co. Aruku Walk	
	17:00-18:30	Healthy Eating by New Yorkers	Asako Miyashita, Nippon Clinic	
22nd (Tues.)	11:00-12:00	Tai Chi:Experiential	Etsuko Takahashi	
	13:00-15:00	Calligraphy: Experiential	Fusako Otsubo	
	17:00-18:30	Domestic Violence	Kaori Nagao - NY Asian Women's Center	
	19:00-21:00	Men/Women Chorus: Experiential	Kosuke Iwasaki - NYMC	
23rd (Wed.)	10:00-12:00	Care of Pregnant Woman Regarding Influenza	Maki Kano, M.D. Tsunetaka Yoshida, M.D Sukesukukai	30
	13:00-15:00	Improving Your Health Using Eastern Medicine	Kiyomi Noda	20
	17:00-19:00	Lecture:Health Care Proxy, Power of Attorney and Living Will	Helen Irie, Esq., Reiko Takigawa, Esq.	
24th (Thurs.)	10:00-12:00	Individual Consultation: Immigration Law US:	James Nolan, Esq.	8
	11:00-13:30	Flower Arrangement:Experiential	Hatsue Tamura Rogers	10
	13:00-16:00	Individual Consultation:Taxes	Joe Oshima, CPA	12
	14:00-16:00	Preparing For the End of Life Series	Oscar Straus : JASSI (Volunteers of Legal Services, Inc Project	
	17:00-18:00	Citizenship Issues & Visa Procedures	Keiko Matsuo, Japanese Consulate	
	18:00-18:30	Individual Consultation:Japanese Citizenship	Keiko Matsuo, Japanese Consulate	
	18:30-20:00	Lecture: Taxes of Permanert Residence & Citizenship	Joe Oshima, CPA	
25th (Fri.)	11:00-12:00	Walking With Good Posture	Mayu Kaji : Posture Walking Organization	15
	13:15-14:30	JAA Chorus:Experiential	Music Director: Reona Ito	
	15:30-17:00	Origami& Effects To Brain	Toshiko Kobayashi, Tsunetaka Yoshida, M.D.	
	18:00-20:00	Prevention/Treatment of Influenza	Yuichi Kuwama, Medical Director of Japanese Medical Practice: Tsunetaka Yoshida, M.D. JAMSNET	
26th (Sat.)	10:00-16:00	Individual Consultation: Inheritance in Japan	Shinichi Kondo, Japanese Licensed Tax Accountant	12
	13:00-14:00	Medicaid and Elderly Care	Ai Horiuchi, Social Worker (SW)	
	14:00-15:00	Individual Consultation: Medicaid	Ai Horiuchi, SW; Senior Health Partners	
	14:00-15:00	「Kami-Shibai」-Paper Theater	Tatsuo Yasuda, Sonenkai	
	16:00-18:00	When Older, Live Where? Group Discussion	Sonenkai	
27th (Sun.)	10:00-12:00	Single Mothers Discussion	Kimi Aoki, Social Worker	15
	12:00-14:00	Lecture/Self-Examination: Breast Cancer	Freya Schnabel , M.D., NYU Cancer Center, Director of Surgery; ) Chairperson: Kaoriko Kuge; TV announcer; - BC Network	100
	14:30-15:30	「Kami-Shibai」 - Hans Christian Andersen	Tatsuo Yasuda, Sonenkai	
	15:30-17:00	Administration of Estates	Susan Onuma, Esq.	20
	14:00-16:00	Elderly Care in N. J. *Place : The Palisades (PL) 階 Community Room Appt by Sept 25 by mail/minakondo@gmail.com	Ai Horiuchi, Social Worker & others Japan/US Alliance of New Jersey,	50